

M	T	W	T	F	S	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

JUNE 2019

M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
27	28	29	30	31	1	2
		06:00 Ange Destress (1)		06:00 Kath (Vinyasa 1)	08:00 Ange Fusion (1,2)	
		08:00 Sancha slow flow (1)	08:00 Ange Vinyasa	08:00 Ange Power (1,2)	Studio	
				16:00 Jeanine Kids	09:30 - Beginner Workshop	
		18:00 Virusha Gentle (1,2)	18:00 Sancha Flow (2)	17:30 Ange Destress (1)	14:30 - Yin Workshop	
3	4	5	6	7	8	9
06:00 Ange (Hatha/Vin 1)		06:00 Ange Destress (1)		06:00 Kath (Vinyasa 1)	08:00 Ange Fusion (1,2)	
08:00 Ange Fusion (1,2)		08:00 Sancha slow flow (1)	08:00 Ange Vinyasa	08:00 Ange Power (1,2)	Studio	
	17:00 Ange Hatha (1)			16:00 Jeanine Kids	09:30 - Beginner Workshop	
18:00 Tanya Flow (1)	18:15 Ange Fusion (2)	18:00 Virusha Gentle (1,2)	18:00 Sancha Flow (2)	17:30 Ange Destress (1)	14:00 - Leaf mandala Workshop	
10	11	12	13	14	15	16
06:00 Ange (Hatha/Vin 1)		06:00 Ange Destress (1)		06:00 Kath (Vinyasa 1)		
08:00 Tami Hatha(1)		08:00 Sancha slow flow (1)	08:00 Ange Vinyasa	08:00 Ange Power (1,2)	08:00 Ange Fusion (1,2)	
	17:00 Ange Hatha (1)			16:00 Jeanine Kids	Studio	
18:00 Danette Flow (1)	18:15 Ange Fusion (2)	18:00 Virusha Gentle (1,2)	18:00 Sancha Flow (2)	17:30 Ange Destress (1)		
17	18	19	20	21	22	23
		06:00 Ange Destress (1)		06:00 Kath (Vinyasa 1)		
08:30 Kath Flow (1)		08:00 Sancha slow flow (1)	08:00 Ange Vinyasa	08:00 Ange Power (1,2)	08:00 Ange Fusion (1,2)	
	17:00 Ange Hatha (1)			16:00 Jeanine Kids	Studio	
	18:15 Ange Fusion (2)	18:00 Virusha Gentle (1,2)	18:00 Sancha Flow (2)	17:30 Ange Destress (1)		
24	25	26	27	28	29	30
06:00 Ange (Hatha/Vin 1)		06:00 Ange Destress (1)		06:00 Kath (Vinyasa 1)		
08:00 Ange Fusion (1,2)		08:00 Sancha slow flow (1)	08:00 Ange Vinyasa	08:00 Ange Power (1,2)	08:00 Ange Fusion (1,2)	
	17:00 Ange Hatha (1)			16:00 Jeanine Kids	Studio	
18:00 Sandy Flow (1)	18:15 Ange Fusion (2)	18:00 Virusha Gentle (1,2)	18:00 Sancha Flow (2)	17:30 Ange Destress (1)		
Sancha		Tammy			Sub Teacher	
Kath		Rotation Classes			Workshops	
Ange Fusion/ Flow		Virusha			Kids Yoga	
Ange Hatha					Public Holiday	